

Norfolk Island Children and Young People's Services, Programs and Activities

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Children, young people, and family-focused services							
Child protection	NI-Connect Bounty Centre	23380 51115 A/H	8.30am – 5.00pm Mon to Fri A/H on call	0-17 years	Free		
Individual Family Support – counselling, referrals, case work support	NI-Connect Bounty Centre	23380 51115 A/H	8.30am – 5.00pm Mon to Fri A/H on call	Children, young people, and families Community members	Free		
Counselling, social, and emotional support, children and parenting support and emergency assistance	Anglicare 102A Taylors Road	22322	9.00am – 5.00pm (afterhours by appointment)	Individuals and families	Free		
Child Youth and Family Clinician (Registered psychologist)	NIHRACS Grassy Road	24134 22091 23190 or AH 56400	9.00am – 5.00pm Mon – Fri (A/H by appointment)	Children, young people, individuals, and families	Free	Call to make an appointment	

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Paediatrician (visiting)	NIHRACS Grassy Road	24134 22091	9.00-5.00pm Mon-Fri (A/H by Appt only)	Children, young people, individuals, and families	Contact NIHRACS to see if a cost is involved for this service	Call to make an appointment Must have a GP referral	
Paediatric Occupational Therapist (Visiting)	NIHRACS Grassy Road	24134 22091	9.00-5.00pm Mon-Fri (A/H by Appt only)	Children, young people, individuals, and families	Contact NIHRACS to see if a cost is involved for this service	Call to make an appointment Must have a GP referral	
Paediatric Speech Therapist (Visiting)	NISEDU	Lynn Rogers 57599 when on island		Children and young people	Contact NIHRACS to see if a cost is involved for this service	Call to make an appointment	lynn@jerahtech.com.au
Child and Adolescent Psychiatrist (Visiting)	NIHRACS Grassy Road	24134 22091	9.00-5.00pm Mon-Fri (A/H by Appt only)	Children, young people, individuals, and families	Contact NIHRACS to see if a cost is involved for this service	Call to make an appointment Must have a GP referral	
Dietician	NIHRACS Grassy Road	24134 22091	Thursday afternoon	Children, young people, individuals, and families	Contact NIHRACS to see if a cost is involved for this service	Call to make an appointment	

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Physiotherapist	NIHRACS Grassy Road	24134 22091	9.00-5.00pm Mon-Fri (A/H by Appt only)	Children, young people, individuals, and families	Free	Call to make an appointment	
Optometrist (Visiting)	NI Optical	John Kelly 22522 50815 +61478704983	When on island	Children, young people, individuals, and families	Fee applies, some services attract a Medicare rebate.	Email or call before he comes to island to make appt ahead of time: Jk@sunnies.net	
Hearing Screening	NIHRACS Grassy Road	Child Health Nurse 24134 22091	9.00-5.00pm Fridays only	All ages		Call to make an appointment	
Hearing Services (Visiting)	Hearing Australia	02 92693500	When on island	All ages	Concessions available	See advertising in paper/radio for visiting dates	Sydney@hearing.com.au
Childcare / early learning	Banyan Park Early Learning Centre Middlegate	22415	7.30am – 4.30pm closed 2 weeks over Christmas	Babies up to School age	Subsidised	Call to make an appointment	
School Guidance Officer and other learning support	Norfolk Island Central School Middlegate	23000	9.00am – 3.00pm Mon - Fri (A/H by appt)	Kindergarten to Year 12	Free		
Assistance and Support for people 0-65 who require	Life Without Barriers	51178	9:00am- 5:00pm Monday to Friday		Funded by NDIS – free to people who meet	0-65 - Early Intervention Assistance or have a	

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Early Intervention Assistance or have a Diagnosis that meets NDIS Access requirements					the access Criteria	Diagnosis that meets NDIS Access requirements.	
Parents with children programs							
In A'Stik Nature Playgroup	Anglicare 102A Taylors Road	22232 51644	Every Wednesday morning 9.30am – 11.30 am	Parents and children under 5	Fee	Various locations around Norfolk Island Advertised in the local paper and on radio	norfolkisland@anglicare.org.au
Letl Sallan Toy Library	Anglicare 102A Taylors Road	22232 51644	First Saturday of the month 10am-12noon	Parents with young children	Free	Advertised on radio, local paper, social media	
Letl Pliegruup- Intergenerational Playgroup	Anglicare 102A Taylors Road	22232 51644	Friday Morning 9.30-11.30am	Parents with children up to 5 years	Free	Parish Centre	norfolkisland@anglicare.org.au
Norfolk Bumps and Bubs	Anglicare Lounge 102A Taylors Road	22232 51644	Thursday Mornings	Expecting parents and babies	Free	Anglicare Lounge in Anglicare office	norfolkisland@anglicare.org.au

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
			10.00-12.00am				
Pregnancy Birth & Beyond Childbirth Education	Anglicare 102A Taylors Road	22232 51644	Groups organised as required	Pregnant Parents	Free	Groups can be held in various locations and online	norfolkisland@anglicare.org.au
Tuning into Teens	NI-Connect Bounty Centre Health & Wellbeing Office Smithy's Building, Ferry Lane	23380 22687 53969	Parenting groups organised as required	Parents and Carers	Free	Groups can be held in various locations and online	norfolkisland@anglicare.org.au
Children and young people's programs and activities							
Holiday Wellbeing Program (vacation care)	NI-Connect Bounty Centre	23380	8 days during school holidays	Prep to Year 6	Free	Each program is advertised, registrations required	childwelfareofficer@keyssets.org.au
Kids Club	Combined Churches	51571 Ken Westlake	Wed 3.00pm – 4.30pm	Year Kindy/prep to year 5	Gold Coin	Held at Uniting Church opposite school	nufkason@gmail.com
Homework Centre	Norfolk Island Central School Middlegate	23000	Wednesday 3.00pm – 4.00pm	All Students	Free	Held in school library	

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
After School Sport	Norfolk Island Central School Middlegate	23000	Will need to check with school when on	All Students		Various Sports	
Unit Youth (Youth group)	Combined churches	Laurie Carleton 22293	Fri evenings from 6.30-8.00 8+ age until 9.00	Year 6 and above	\$3.00 donation	Held at Parish Centre, St Barnabas Church	Carleton.laurie@gmail.com
Army Cadets Corp	230 Army Cadets Faye Bataille Drive	Tim Sheridan 50424 Samantha Quintal (Administration officer) 50354	Wed Afternoons 3.00pm onwards	13 years to 17 years	\$150.00 pa	The local Cadet Unit parades each Wednesday afternoon between 3.30-6.00 pm at the Cadet Unit Hall n Faye Bataille Drive. Army Cadets website www.armycadets.gov.au Active kids voucher can be used	armycadets@ninet.nf
Girl Guides	NI Girl Guides association Girl Guide Hall Faye Bataille Drive	Colleen Crane 51033 Bridget Graham	Wed 3.00-5.00pm	7 and over	\$100.00 pa (Includes Insurance)		
Brownies	NI Brownies association Girl Guide Hall Faye Bataille Drive	Colleen Crane 51033	Wed 3.00-5.00pm	7 and over	\$100.00 pa (Includes Insurance)		

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Children and young people's sporting activities							
Rugby League	Norfolk Island Junior Rugby League (NIJRL)	Alex McGillicuddy (Secretary) 54268 Glen Buffett 52268	April – Sept	5 years to 18 years	\$100.00 (includes insurance, Socks, shorts, and Jersey)	Active kids Voucher can be used	secretary@nijrl.nlk.nf
Touch Footy	Katie Walden	50127	Oct-March	13 years and over	\$20.00 a comp (Coin or two for Visitors)	Active kids Voucher can be used	norfolktouchfootball@hotmail.com
Netball	NI netball Association	Kelly Gardiner (president)	May to Oct Listen to Radio for weekly draws	5 –18 years Boys and girls Woman Seniors Comp	Registration fee varies per age:	Active kids Voucher can be used	Nina2899@outlook.com
Tennis	Cheryl Tennis Club Queen Elizabeth Avenue	Jodie Brown 50929	Open Daily Ball machine and rackets and courts available to hire	Young and old – everybody	Costs vary as does Fees	Active kids Voucher can be used	tennis@norfolk.net.au
Squash	NI Squash Club	23837 Ginny Walker 51148 (via foodies no) Kimmy Adams 50308	Courts: available to rent	Any age	\$4.00 for 15mins-coin operated lights	Note: Can only play in non-marking shoes with white soles.	Kymadamska2675@gmail.com

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Swimming lessons	Kylie Umlauf Stockyard Road	Umlauf@ninet.nf 50439	Sat-mornings Wed afternoons	6 months and over	Varies	During Summer as advertised	umlauft@ninet.nf
Golf	NI Golf Club Quality Row	Andrew Umlauf Phone: 23603-Pro Shop Mobile: 50437 Golf Professional	Course open all year round Club house open Tuesday to Saturday from 11am	All ages	Annual Membership prices are... Full Member \$495 Junior \$85 Overseas \$310 Non- competition \$340	Active kids Voucher can be used	golf@norfolk.net.nf
Bowls	NI Bowling Club Taylors Road	23483 / 50424 Manager First contact is Manager Kate Smith (Secretary)	Open Daily	All ages and kids play free	\$5.00 per head	Tournaments on Sat and Wed includes equipment if needed	Bowlingclub.norfolkisland@gmail.com
Archery	Mission road	Dave Pitcher 22915 51098	Saturday arvo shoots	Adults and kids		Active kids Voucher can be used	archerynorfolk@gmail.com
Shooting - Clay	NI Clay Target Association Anson Bay	50682 Clinton Judd 51177 Nerissa Judd	Wednesday afternoon	15 years and over	Varies	MUST: have license to shoot – contact the club for more information	niclaytarget@gmail.com
Shooting - Pistol	Pistol shooting	Doug Creek (Vice President) 50452	Saturdays 1.30-5.00 (2 nd & 4 th)	13 years plus	\$25 for .22 (covers range fee,	Air pistol limited to 6 people	dougevealpine@yahoo.com

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
			Saturdays are match days) Air pistol Wednesday 7pm		gun hire and ammunition - 100 rounds) Air pistol \$20		
Fitness Centre	Norfolk Island Fitness and Health	Kelvin Mulholland 57989	5.30 am -6pm daily Monday to Friday 5 days	15 + but will get own key from 16+	\$205.00 for 3 Months	Active kids Voucher can be used	k.taylor@ninet.nf
Miss Fit Studio	John Adams Road	Kelly Quintal 50610	Mon & Wed Mornings 5.30am - 6.15am (Strength classes) 6-week blocks ages 5-9 year olds held on Saturdays	Gym is open from ages 15 + 24hrs a day 7 days a week	\$50 per month \$100.00 for 2 months (Includes 2 classes a week) or \$130.00 for 3 months	Active kids Voucher can be used	kct@ninet.nf

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Pony Club	NI Pony club and Equestrian Assoc	PJ Wilson 55254	Headstone Road	All ages (Nonrider support \$30)	\$70 for 1 child and \$20 additional per child	Active kids Voucher can be used	Pjwilson.nlk@gmail.com
Outriggers	Outriggers Club	Kym Adams 50308	Call to find out paddling days	7 years and over		Active kids Voucher can be used	Kymadamska2675@gmail.com
Yoga with Candida	Private Taylors Road	Candida Langman 50811	Book an appointment	5 year and over	Varies	Active kids Voucher can be used	candidalangman@gmail.com
Outrigging, surfing, cross training, beach volleyball	Island Coaching and Training:	Louise Donald 23181	Call to find out activity days			Active kids Voucher can be used	louonnorfolk@gmail.com
Athletics	Athletics NI	Brent Jones (President) 52230 Rose Evans (Secretary)	To be advised	14+	\$10.00 membership		info@athleticsnorfolkisland.com or athletics@ninet.nf
Basketball	NI-Connect	Stephanie Fielder 23380	To be advised		Free		Stephanie.fielder@keyassets.org.au

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Oztag	Oztag	Katie Trickey 54829	Call Katie for further information			Active kids Voucher can be used	
Other available activities suitable for children and young people							
KAVHA Museums	Norfolk Island Regional Council Kingston	23788/ 23009	11.30am -3 pm Mon-Sat Pier Store 11.00-3.00 Sunday	All Ages	\$35 for visitors allows ticket to see all Museums Kids Free Residents free Single visit \$10.00	(Entry ticket also allows you join a tag along tour and gives you entry to No 9 - Quality Row) (Not limited to one day use)	info@museums.gov.nf
Bounty Museum	Private Middlegate 53961	Dale Parker Anderson	10.00am to 4.00pm 7 days a week	All Ages	\$15.00 per adult, under 17 are free		
Movie Theatre	NI Movie Theatre	Monica and Ian Anderson 50518	Currently Sun: at 5.30 Opens 10 min before	All Ages	\$15.00 Adult \$7.00 (for under 15)	Movies advertised in the local paper each week.	
National Park – various walks and lookouts	Parks Australia Several entrances: Mount Pitt Road, Red Road, Selwyn	22695 52487		All ages	Free		

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
	Pine Road, Captain Cook Road						
Botanic Gardens	Parks Australia Corner Mission Road and Mount Pitt Road	22695 52487		All ages	Free		
Reserves and picnic areas	Norfolk Island Regional Council	22244		All ages	Free	See island map	
The Maze Strawberry Fields	Private Grant Summerscales	23811 50475	Open Daily	All ages	Donation at the gate		
Library	Norfolk Island Regional Council	22430 Simone James	Mon 10.00-1.00am & 4.00-6.00pm Wed 10-1.00pm Fri 1-4.00pm Sat 10.00am-12.00pm		Annual fee depending on items borrowed-visitor monthly subscription \$12.00	Family \$42.00 (15 books) PA Basic (5 books) \$22.00 a year (10 books) \$42.00 a year	
Beaches – Emily Bay, Cemetery, Slaughter Bay, Bumboras, and Anson Bay				All ages	Free	See island map	

Program/activity	Organisation	Contact	Hours	Eligibility	Cost	Notes	Contact email
Snorkelling – Emily Bay and Slaughter Bay				All ages	Free		