



Watawieh Norf'k Ailen Yang Salan el du Wael

Norfolk Island Youth Wellbeing Strategy

Fe yang salan, lornq a yang salan

For young people, with young people

You are the future of Norfolk Island. It is vital you feel empowered to live a good life.

Share your voice about your wellbeing needs. Help us to work with you to codesign the Norfolk Island Youth Wellbeing Strategy. For you, with you.

Wathing yang salan hata haew fe liw guud?

What do young people on Norfolk Island need to have a good life?

Wellbeing is what you need to do well, grow, and have a good life (liw guud). Your 'way of life' is unique due to the culture and remote spot of Norfolk Island.

Research shows there are six areas young people need for wellbeing to have a good life (Goodhue, R., Dakin, P., Noble, K. (2021) What's in the Nest? ARACY.) These are in the picture below. The Norfolk Island Youth Wellbeing Strategy will use these and outline the strengths and actions needed to support young people. It could help guide resources and ask for funding for actions.



(Image source: Maribyrnong Council Strategy for Children, Young People and their Families 2030.)

Fua yorlyi ort fe du et?

Why should you help codesign?

Some things have changed in the community which affect wellbeing. What you tell us you need to live a good life will go in the Norfolk Island Youth Wellbeing Strategy.

Getting involved and having a say means:

- Your needs and what's important to you will be at the core of the Strategy.
- You can affect decisions made for young people.
- This could be for things like:
 - activities
 - programs
 - services, and
 - policies, which help young people live a good life.
- You can stand up for the support young people need for wellbeing now and in the future.

D'wieh yorlyi el tull wathing yorlyi laik fe liw guud

How you can codesign the Norfolk Island Youth Wellbeing Strategy

Choose from the ways below to help codesign the Strategy:

- Join the youth lead project group.
- Talk about it in your youth group.
- One on one or small group talk.
- Fill in a survey online.
- Come to a drop-in session.
- Tell your friends and other young people to have their say.
- Give your thoughts on the draft Strategy.

To thank you for being involved we will provide some food and drinks at the meetings. Gift vouchers will also be provided for some activities. And being on the lead group will look great on your resume.

To share your view and keep up to date with what's happening:

- Follow NI-Connect on Instagram @niconnect_norfolkisland
- DM @niconnect_norfolkisland or message Kym Buffett on +672350879
- Email kym.buffett@outlook.com or niconnect@keyassets.org.au

To learn more about the Norfolk Island Youth Wellbeing Strategy click on the website: <https://ni-connect.net/ni-youth-wellbeing-strategy/>