**Norfolk Island Children and Young People’s Services, Programs and Activities**

| **Program/activity** | **Organisation** | **Contact** | **Hours** | **Eligibility** | **Cost** | **Notes** |
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| **Children, young people and family-focused services** | | | | | | |
| Child protection | NI-Connect  Bounty Centre | 23380  51115 A/H | 8.30am – 5.00pm Mon to Fri  A/H on call | 0-17 years | Free |  |
| Family Support – counselling, referrals, case work support | NI-Connect  Bounty Centre | 23380  51115 A/H | 8.30am – 5.00pm Mon to Fri  A/H on call | Children, young people and families | Free |  |
| Counselling, social and emotional support, children and parenting support and emergency assistance | Anglicare  102A Taylors Road | 22322 | 9.00am – 5.00pm (afterhours by appointment) | Individuals and families | Free |  |
| Child Youth and Family Clinician  (Registered psychologist) | NIHRACS  Grassy Road | 24134  22091 | 9.00am – 5.00pm Mon – Fri (A/H by appointment) | Children, young people, individuals and families | Free | Call to make an appointment |
| Paediatrician (visiting) | NIHRACS  Grassy Road | 24134  22091 | 9.00-5.00pm Mon-Fri  (A/H by Appt only) | Children, young people, individuals and families |  | Call to make an appointment |
| Paediatric Occupational Therapist  (Visiting) | NIHRACS  Grassy Road | 24134  22091 | 9.00-5.00pm Mon-Fri  (A/H by Appt only) | Children, young people, individuals and families |  | Call to make an appointment |
| Paediatric Speech Therapist  (Visiting) | NISEDU | Lynn Rogers [lynn@jerahtech.com.au](mailto:lynn@jerahtech.com.au) |  | Children and young people |  | Call to make an appointment |
| Child and Adolescent Psychiatrist  (Visiting) | NIHRACS  Grassy Road | 24134  22091 | 9.00-5.00pm Mon-Fri  (A/H by Appt only) | Children, young people, individuals and families |  | Call to make an appointment |
| Dietician | NIHRACS  Grassy Road | 24134  22091 | 9.00-5.00pm Mon-Fri  (A/H by Appt only) | Children, young people, individuals and families |  | Call to make an appointment |
| Physiotherapist | NIHRACS  Grassy Road | 24134  22091 | 9.00-5.00pm Mon-Fri  (A/H by Appt only) | Children, young people, individuals and families |  | Call to make an appointment |
| Optometrist  (Visiting) | NI Optical | 22522  50815  +61478704983 | 9.00-5.00 Mon-Sat (when on Island) | Children, young people, individuals and families |  | Email or call before he comes to island to make appt ahead of time:  [Jk@sunnies.net](mailto:Jk@sunnies.net) |
| Hearing Screening | NIHRACS  Grassy Road | Child Health Nurse  24134  22091 | 9.00-5.00pm Fridays only | All ages |  | Call to make an appointment |
| Hearing Services (Visiting) | Hearing Australia | *contact* [*Sydney@hearing.com.au*](mailto:Sydney@hearing.com.au) |  | All ages | Concessions available | Government funded service  See advertising in paper/radio for visiting dates |
| Childcare / early learning centre | Banyan Park  Middlegate | 22415 | 7.30am – 4.30pm closed 2 weeks over Christmas | Babies up to School age | Subsidised | Call to make an appointment |
| School Counsellor | Norfolk Island Central School Middlegate | 23000 | 9.00am – 3.00pm Mon - Fri  (A/H by appt) | Kindergarten to Year 12 | Free | Contact NICS 23000 |
| **Parents with children’s programs** | | | | | | |
| In A’Stik & Letl Pliegruup | Anglicare  102A Taylors Road | 22232 54436 | Wednesday Morning  9.30-11.30am | Parents with children up to 5 years | Free | Held at various locations, advertised in local paper, on radio and Facebook |
| Letl Sallan Toy Library | Anglicare and NI- Connect | 22232 54436 | One Wednesday 1.00pm – 2.00pm and one Saturday 10.00am – 12.00pm per month | Parents with young children | Free | Toy Library located in NI-Connect, dates advertised local paper, radio, NI-Connect Website |
| Intergenerational Playgroup | Anglicare  102A Taylors Road | 22232 54436 | Every Friday morning  9.30am – 11.30 am | Parents and children under 5 | Fee | Paris Centre |
| Norfolk Bumps and Bubs | Anglicare Lounge  102A Taylors Road | 22232 54436 | Thursday Mornings  10.00-12.00am | Expecting parents and babies and small ones | Free | Anglicare Lounge in Anglicare office |
| **Children and young people’s programs and activities** | | | | | | |
| Holiday Wellbeing Program (vacation care) | NI-Connect Bounty Centre | 23380 | 8 days during school holidays 9.00am – 3.00pm | Years 1 to Year 6 | Free | Each program is advertised, registrations required |
| Kids Club | Combined Churches | 22293 Johnno | Wed 3.00pm – 4.00pm | Year 1 to 6 |  | Held at Uniting Church opposite school |
| Homework Centre | Norfolk Island Central School Middlegate | 23000 | Mon 3.00pm – 4.00pm | All Students | Free | Held in school library |
| After School Sport | Norfolk Island Central School Middlegate | 23000 | Tue 3.00pm – 4.00pm | All Students |  | Various Sports |
| Unit Youth  (Youth group) | Anglican Church | Johnno  22293/  22655 | Fri evening | Year 6 and above |  | Held at Parish Centre, St Barnabas Church |
| Army Cadets Corp | NI Army Cadets  Girl Guide Hall Faye Bataille Drive | Tim Sheridan 23256/  50424 | Wed Afternoons  3.00pm onwards | 13years to 18 years | Free | armycadet@ninet.nf |
| Girl Guides | NI Girl Guides association  Girl Guide Hall Faye Bataille Drive | Colleen Crane 51033 | Wed 3.00-5.00pm | 7 and over | $100.00 pa  (Includes Insurance) |  |
| Brownies | NI Brownies association  Girl Guide Hall  Faye Bataille Drive | Colleen Crane  51033 | Wed 3.00-5.00pm | 7 and over | $100.00 pa  (Includes Insurance) |  |
| Community Choir | NI Community Choir | Monica and Ian Anderson 50158 | Tues 5.30pm at the Local Theatre | Highschool age and over | $2.00 |  |
| **Children and young people’s sporting activities** | | | | | | |
| Football | Norfolk Island Junior Rugby League (NIJRL) | Andrew Pashley (Pash) | April – Sept | 5 years to 18 years | $100.00 (includes insurance,  Socks, shorts and Jersey) | Active kids Voucher can be used |
| Touch Footy | Zack and Emily Sanders | 56643 50093 | Oct-March | 13 years and over | $20.00 a comp  (Coin or two for Visitors) | Active kids Voucher can be used |
| Soccer | Alex Mcgillicuddy | 54268 | 6.00 to 8.00 pm Thurs Night | 16 years and above | $3.00 | Footy Field on Taylors Road behind the old post office. |
| Netball | NI netball Association | Michelle Dowling 5118  Kelly Schmitz for Juniors 50990 | May to Oct  Listen to Radio for weekly draws | 5 –18 years  Boys and girls  Woman Seniors Comp | Registration fee varies per age: | Active kids Voucher can be used |
| Tennis | Cheryl Tennis Club  Queen Elizabeth Avenue | 22966  Chris Gatehouse 54924 | Open Daily Ball machine and rackets and courts available to hire | Young and old –everybody | Costs vary as does Fees | Active kids Voucher can be used |
| Squash | NI Squash Club | 23837  Ginny Walker 22018 (via foodies no)  Kimmy Adams 50308 | Courts: available to rent | Any age | $4.00 for 15mins-coin operated lights | Note: Can only play in non-marking shoes  White souls |
| Swimming lessons | Kylie Umlauft  Stockyard Road | [Umlauft@ninet.nf](mailto:Umlauft@ninet.nf) | Sat-mornings  Wed afternoons | 6 months and over | Varies | During Summer as advertised |
| Golf | NI Golf Club Quality Row | Andrew Umlauft 22354/ 50437 Golf club manager | Course open all year round  Club house open 10.00am onwards | All ages | $250 but does not include comps (+ $15 nomination fee)  $384 allows all comps ( +$15 nomination fee ) | Active kids Voucher can be used |
| Bowls | NI Bowling Club Taylors Road | 23483 50424 Manager | Open Daily | All ages and kids play free | $5.00 per head | Tournaments on Sat and Wed includes equipment if needed |
| Archery | Mission road | Dave Pitcher  22915 51098 | Saturday arvo shoots | Adults and kids |  | Active kids Voucher can be used |
| Shooting | NI Clay Target Association Anson Bay | 50682 Clinton Judd  51177 Nerissa Judd | Saturday and Wednesday afternoon | 12 years and over | Varies | MUST: have license to shoot |
| Gym | The Village | Kaye Taylor 50809 | 5am -6pm daily  6 days | 15 + but will get own key from 16+ | $205.00 for  3 Months | Active kids Voucher can be used |
| Miss Fit Studio | John Adams Road | Kelly Quintal 50610 | Mon 4.30pm  Wed 5.30AM  Thurs 5.00pm (this is a boxing class) | 16 up | $100.00 for 2 months card (classed as 12 sessions)  $130.00 for 3 months | Active kids Voucher can be used |
| Pony Club | NI Pony club and Equestrian Assoc | PJ Wilson 55254 | Headstone Road | 7 years over  (Nonrider support $25) | Family $80 pa: Single $60 pa | Active kids Voucher can be used |
| Out Riggers | Outriggers Club | Kim Adams 50308 | Every second Sunday | 7 years and over |  | Active kids Voucher can be used |
| Yoga with Candida | Private  Taylors Road | 50811 | Book and appointment | 5 year and over | Varies | Active kids Voucher can be used |
| Traditional Norf’k Dancing | Private  Mikiela Christian-Reynolds | [mikielani@hotmail.com](mailto:mikielani@hotmail.com)  51454 Contact details | Bumboras road |  | $68 for 9 lessons | Contact for new classes |
| Latino Dancing | NIHRACS Health and Wellbeing  Co-ordinator | Seventh Day Adventist Hall | 5.30-6.30 pm  Mondays | All ages | $5.00 pp  Kids free |  |
| **Other available activities suitable for children and young people** | | | | | | |
| KAVHA Museums | Norfolk Island Regional Council Kingston | 23788 23009 | 11.30am -3 pm  Mon-Sat | All Ages | $35 for visitors allows ticket to see all Museums Kids Free  Residents free | (Entry ticket also allows you join a tag along tour and gives you entry to No 9 -Quality Row)  (Not limited to one day use) |
| Bounty Museum | Private Middlegate  53961 | Dale Parker Anderson | 10.00am to  4.00pm  7 days a week | All Ages | $20.00 and Kids are free | Expecting to be open by Mid-September |
| Movie Theatre | NI Movie Theatre | Monica and Ian Anderson 50518 | Currently Sun: at 5.30  Opens 10.00 min before. | All Ages | $15.00 Adult  $7.00 (for under 12) |  |
| National Park – various walks and lookouts | Parks Australia Several entrances: Mount Pitt Road, Red Road, Selwyn Pine Road, Captain Cook Road | 22695  52487 |  |  |  |  |
| Botanic Gardens | Parks Australia Corner Mission Road and Mount Pitt Road | 22695  52487 |  |  |  |  |
| Reserves | Norfolk Island Regional Council | 22241 |  |  |  |  |
| The Maze Strawberry Fields | Private  Grant Summerscales | 23811  50475 | Open Daily | All ages | Donation at the gate |  |
| Library | Norfolk Island Regional Council | 22430  Simone James | Mon 10.00-1.00am &  4.00-6.00pm  Wed 10-1.00pm  Fri 1-4.00pm  Sat 10.00am- 12.00pm |  |  | Family $42.00 (15 books) PA  Basic (5 books) $22.00 a year  (10 books) $42.00 a year |
| Beaches – Emily Bay, Cemetery, Slaughter Bay, Bumbora, and Anson Bay |  |  |  |  |  |  |
| Snorkelling – Emily Bay and Slaughter Bay |  |  |  |  |  |  |